

Micky Sharma – OSU

Therapeutic Style:

My style of working with students is relational/interpersonal. I focus on the relationships that one has in their life, from a broad perspective. For example, this can include relationships to family, friends, romantic partners, food, stress, academics etc. I will explore both strengths and areas for change.

Supervision Style:

My supervision style is developmental and I will adjust it to match the level of the supervisee. Supervision will routinely involve review of session videos and the use of a multicultural worksheet. The supervisee will set the agenda of topics to discuss and my goal is to assist with both professional and personal development as a therapist.

Professional Interests:

My special areas of interest include: trauma, multiculturalism and diversity, professional consultation and collaboration, eating disorders, training and supervision.

Groups and Liaison Roles:

I am a liaison to the Consultation and Assessment Team, Bias Assessment and Response Team, Student Life Wellness Collaborative, Student Life Leadership Council, Suicide Prevention Program, Younkin Success Center Coordinating Council. Currently, I am The Past President of the Association for University and College Counseling Center Directors (AUCCCD). In addition, I have previously served as a Board member for the Association of Counseling Center Training Agencies (ACCTA) and in the Council Position of the Disaster Response Network for the Illinois Psychological Association.

Education background:

I received my Psy.D. from Illinois School of Professional Psychology/Chicago Campus.

Personal Interests:

In my spare time, you can find me following the Buckeye's football and basketball teams, on the racquetball court or on a golf course.