

## Peter Cornish – Albany College of Pharmacy and Health Sciences

### **Mentor Biography: Peter Cornish, PhD**

Peter Cornish completed his BA at Rutgers University (1987) and his PhD in Clinical Psychology at the University at Albany (1992) in upstate New York, where he maintains licensure. His education and theoretical orientation has primarily focused on cognitive behavioral therapy, although other disciplines are utilized as needed depending on the client and comfort in practice. Dr. Cornish served as the Program Director for an older adolescent/young adult unit at Four Winds Hospital in Saratoga Springs New York for 15 years, during which time he supervised several clinicians and conducted individual, group, and family therapy. He transitioned to Albany College of Pharmacy and Health Sciences in 2008 when he assumed the role of Director of Counseling and Wellness. This two-person office sees approximately 270 students per year, representing close to 20% of the 1400-member campus. In addition to providing mental health and wellness services to students, Dr. Cornish oversees the approval of academic accommodations. He reports to the Dean of Students in the Division of Student Affairs. Areas of interest include mood and anxiety disorders, self-injury, substance use, and other conditions typically impacting college age adults.